

## **Curriculum Vitae**

**Dimitrios N. Nikas**, *MD, PhD, FESC*

**Interventional Cardiologist**  
*Coronary and Peripheral Interventions*

**Year 2013**

PERSONAL DETAILS

NAME : **DIMITRIOS NIKAS (MALE)**  
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GREECE  
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E-MAIL: DIMITRIOS.NIKAS@GMAIL.COM  
DATE OF BIRTH: MARCH 31ST, 1971  
PLACE OF BIRTH: IOANNINA, GREECE  
MARITAL STATUS: MARRIED  
NATIONALITY: GREEK (HELLENIC)

CURRENT POST

CONSULTANT INTERVENTIONAL CARDIOLOGIST  
*Cardiology Department, Ioannina University Hospital, Ioannina, Greece*  
*Director: Prof. John Goudevenos*

*May 2012 - today*

Busy cardiac catheterization laboratory affiliated with a general Cardiology clinic providing high medical service in a rural area of 200,000 inhabitants. Coronary angiographies, coronary angioplasties and peripheral angiographies as well as angioplasties are in the everyday program of the cath-lab. Additionally, every second day, 2 interventional Cardiologists are on-duty performing emergent cardiac catheterization and therapeutic interventional procedures. A full 24/7 Primary PCI service has been established, implicating the National Emergency Service as well as the hospital's general Emergency Department.

QUALIFICATIONS

1988: LYCEUM DIPLOMA - SENIOR HIGH SCHOOL CERTIFICATE OF STUDIES (HONORS)  
1995: Medical Diploma (MD) Grade: Very Good

MEDICAL REGISTRATION

1995: PREFECTURE OF IOANNINA – MEDICAL WORKING LICENSE  
*(Registration No: YΓ/10566/31-07-95)- Ioannina Medical Association*  
2003: Prefecture of Ioannina – CARDIOLOGY WORKING LICENSE  
*(5997/19-9-03)- Ioannina Medical Association*

EDUCATION

SECONDARY  
*"Zosimea Lyceum"- Senior High School, Ioannina GREECE*

*1982-1988*

HIGHER  
*The Medical School, "Aristotelian" University of Thessaloniki*  
*Thessaloniki, Greece*

*1988-1995*

DEGREES

PTYCHIO IATRIKIS" – MEDICAL DIPLOMA (GRADE: VERY GOOD).  
*"Aristotelian" University of Thessaloniki, GREECE*

*Jul 1995*

Thesis (PhD) on "Effect of antioxidants' combination on reperfusion injury prevention; experimental study". *Ioannina Medical School, Ioannina University, Ioannina, GREECE*

AWARDS

1982-1988: AWARDS FOR ACADEMIC ACHIEVEMENT – EXCELLENT PERFORMANCE

Total of Six Prizes for a period of Six Academic Years  
Greek Ministry of Education

MEMBERSHIPS

FELLOW OF EUROPEAN SOCIETY OF CARDIOLOGY - FESC

MEMBER OF THE EUROPEAN SOCIETY OF CARDIOLOGY (ESC)

Member of the European Working Group of Peripheral Circulation

Member of the Hellenic Society of Cardiology (HSC)

Member of the Hellenic Working Group of Interventional Cardiology

Member of the Hellenic Working Group of the Aorta and Peripheral Vessels

Member of the European Association of Percutaneous Cardiovascular Interventions (EAPCI)

CLINICAL TRAINING AND EXPERIENCE

PREVIOUS POSTS

CONSULTANT INTERVENTIONAL CARDIOLOGIST

Cardiology Department, Ioannina Public Hospital, Ioannina, Greece  
Director: Konstantinos Siogas, MD, PhD

Aug 2011 - May 2012

Cardiac catheterization laboratory affiliated with a general Cardiology clinic providing high medical service in a rural area of 100,000 inhabitants. Coronary angiographies, coronary angioplasties and peripheral angiographies as well as angioplasties are in the everyday program of the cath-lab. Full 24/7 Primary PCI service was started upon my arrival to the hospital.

CONSULTANT INTERVENTIONAL CARDIOLOGIST

Cardiology Department, Lamia Public Hospital, Lamia, Greece  
Director: Antonios Antonoulas, MD

Oct 2010-Jun 2011

Busy cardiology department which provides medical service in an area of around 250,000 inhabitants. Everyday on duty service for elective and emergency patients. Coronary angiography and angioplasty as well as peripheral circulation interventions are performed in the affiliated University Hospital of Larissa, Greece which is settled in a nearby region, less than 90km away and less than 50 mins driving time. Primary PCI service is also provided through this center by on site Interventional cardiologists including the undersigned doctor.

#### INTERVENTIONAL CARDIOLOGY FELLOW

*Cardiology Department, Mirano Public Hospital, Mirano (VE), Italy  
Director: Bernhard Reimers, MD*

*Dec 2010 - Jun 2010*

Post applied for six (6) months additional training in advanced techniques in Interventional Cardiovascular procedures. Particular interest in novel treatment techniques of both coronary and peripheral interventions using the radial access. Additional training and participation in percutaneous treatment of structural heart diseases with particular interest in Transcatheter Aortic Valve Implantation (TAVI) and percutaneous Mitral valve repair procedures.

#### CONSULTANT INTERVENTIONAL CARDIOLOGIST

*Cardiology Department, Ioannina Public Hospital, Ioannina, Greece  
Director: Konstantinos Stogas, MD, PhD*

*Aug 2007 - Aug 2009*

Busy cardiac catheterization laboratory affiliated with a general Cardiology clinic providing high medical service in a rural area of 200,000 inhabitants. Coronary angiographies, coronary angioplasties and peripheral angiographies as well as angioplasties are in the everyday program of the cath-lab. Additionally, every second day, 2 interventional Cardiologists are on-duty performing emergent cardiac catheterization and therapeutic interventional procedures. Currently, a Primary PCI program has started implicating the National Emergency Service as well as the hospital's general Emergency Department.

#### INTERVENTIONAL CARDIOLOGY FELLOW

*Cardiology Department, Mirano Public Hospital, Mirano (VE), Italy  
Director: Bernhard Reimers, MD*

*Sep 2005 - Sep 2006*

Post applied for one (1) year fellowship in Interventional Cardiology training. Performing everyday Diagnostic coronary angiograms and coronary angioplasties, using all modern techniques for bifurcation and complex lesion in-general. Furthermore, I got trained in peripheral interventions, especially in carotid artery stenting, performing everyday peripheral diagnostic angiographies and therapeutic interventional procedures in carotid arteries as well as in several peripheral arteries (low extremity arteries, renals etc).

#### CARDIOLOGY RESEARCH FELLOW

*Michailideion Cardiac Center, Ioannina Medical School, Ioannina, Greece  
Director: Prof. Lampros Michalis, MD, PhD, FESC*

*Oct 2003 - Sep 2005*

Clinical and experimental research mainly in the field of Interventional Cardiology. Experimental research on Reperfusion Injury Syndrome in large animals (pigs) using endovascular techniques. Clinical research in previous and modern issues in Interventional Cardiology (i.e. brachytherapy, drug-eluting stents). Development and application in clinical practice of modern, computer aided decision support systems as well as computer based formulas used as intelligent tools for prediction of important issues in Interventional Cardiology (i.e. restenosis).

#### TRAINING COURSE IN ECHOCARDIOGRAPHY

*Department of Cardiology, EchoLab, Hermann Memorial Hospital, The University of Texas, US  
Health Science Center at Houston  
Director: Ass. Prof. Mihai Croitoru, MD, PhD*

*Jul 2003- Aug 2003*

Additional training in Echocardiography, both transthoracic (TTE) and transeosophageal (TEE), in a busy and specialized center. Performance and interpretation of routine echo studies, both TTE and TEE.

RESIDENCY IN GENERAL CARDIOLOGY - 4 YEARS

*Department of Cardiology, Ioannina University Hospital, Ioannina, Greece*  
*Director: Prof. Dimitrios Sideris, MD, PhD, FESC*

*Jun 1999 - Jun 2003*

Four – year residency period in Cardiology during which I had performed all medical acts pertinent for a doctor in Cardiology. I have been responsible for several patients with various heart and circulatory disorders in the Emergency Room, Intensive Care Unit and I have participated in many medical and experimental research protocols. I have gained adequate experience in Echocardiography and I have some experience in Transesophageal Echocardiography. I have, also, gained adequate experience in performing Diagnostic Cardiac catheterization procedures, during my 10 month training in Cath Lab. Training during residency in Cardiology:

Cardiology Ward: 2 years  
ICU: 6 months  
Cath lab: 6 months (additional training: 4 months)  
Echocardiography: 6 months  
Stress tests- Holter: 3 months

RESIDENCY IN INTERNAL MEDICINE - 2 YEARS

*Department of Internal Medicine, Arta General Hospital, Arta, Greece*  
*Director: Dimitrios Papaioannidis, MD, PhD*

*May 1997 - May 1999*

Two – year residency in Internal Medicine department pre-requisite for continuing to 4 year residency in Cardiology. In the Internal Medicine department, which comprised of 32 beds, I completed my Internal Medicine training. My duties included the day to day care of the ward's patients and ward's rounds under the supervision of the department's consultants. With my 6 other colleagues we had the responsibility of the outpatients' department every day, where I had to undertake various medical cases (Internal Medicine and Cardiology cases) from follow-up and routine cases to the management of high risk cases and emergencies. The on call rota was organized as 1:4 rota. Under the supervision of the on-duty consultant I assessed and initiated the management of the Internal Medicine and Cardiologic emergencies. I attended also regular teaching and audit sessions. During my two-year residency in Internal Medicine, I continued to collaborate with Cardiology clinic's doctors in experimental research, Cardiology educational program and hospitalized patients' care.

MEDICAL RURAL SERVICE

*Health Center in Dervizianal, Prefectural Authority of Ioannina, Ioannina, Greece*  
*Director: Dr. Papadiotis, MD*

*Sep 1995 - Mar 1997*

This is a compulsory 1-year medical service for medical school graduates that aims to the provision of health services to the people of relatively remote areas. Main duties were those of a general practitioner undertaking every case from various medical fields, including Cardiology.

COURSES

CARDIOPULMONARY RESUSCITATION DIPLOMA

*University Hospital of Ioannina*  
*Ministry of Health*  
Course code: Y98-N7.01-E304B

*Jan 1999 - Feb 1999*

## **SCIENTIFIC WORK**

### PUBLICATIONS

#### PEER REVIEWED JOURNALS

Katsouras CS, Michalis LK, Malamou-Mitsi VD, Niolou D, Giogiakas V, **Nikas D**, Masouras G, Dallas P, Tsetis Dk, Sideris D, Rees MR "Histologic Comparison of Vibrating Guidewire with Conventional Guidewire Technique in an Experimental Coronary In Vivo Model". *Cardiovascular Interventional Radiology* 2003;26:454-458

Katsouras C, Michalis L, Papamichael N, Adamides K, Naka K, **Nikas D**, Goudevenos J, Sideris D. "Enoxaparin vs. tinzaparin in non-ST – segment elevation acute coronary syndromes: Results of the enoxaparin vs tinzaparin trial (EVET) at 6 months". *Am Heart J* 2005; 149:1-7

Katsouras C, Kotsia A, **Nikas D**, Naka KK, Papafaklis M, Sioros L, Zotou P, Sionis D, Michalis L. "One year effectiveness of BiodivYsio dexamethazone-eluting stent compared to BiodivYsio stent implantation in the treatment of single vessel coronary artery disease" *Eurointervention* 2005; 3:277-281

**Nikas D**, Kalef-Ezra J, Katsouras CS, Tsekeris P, Bozios G, Pappas C, Naka KK, Kotsia A, Papamichail N, Sideris D, Michalis LK. "Long-term clinical outcome of patients treated with  $\beta$ -brachytherapy in routine clinical practice". *Int J Cardiol.* 2007;115:183-9

**Nikas D**, Reimers B, Elisabetta M, Sacca S, Cernetti C, Pasquetto G, Favero L, Fattorello C, Pascotto P. "Percutaneous interventions in patients with acute ischemic stroke related to obstructive atherosclerotic disease or dissection of the extracranial carotid artery". *J Endovasc Ther.* 2007 ;14:279-88.

Karahaliou A, Katsouras C, Koulouras V, **Nikas D**, Niokou D, Papadopoulos G, Nakos G, Sideris D, Michalis L. "Ventricular arrhythmias and antioxidative medication: experimental study". *Hellenic J Cardiol* 2008;49:320-328

**Nikas D**, Chatziathanasiou , Kotsia A, Papamichael N, Thomas C, Papafaklis M, Naka K, Kazakos N, Milionis H, Vakalis K, Katsouras C, Mpoumpa V, Vougiouklakis T, Michalis L. "Effect of intravenous administration of antioxidants alone and in combination on myocardial reperfusion injury in an experimental pig model" *Curr Therap Research Clin Exp* 2008;69:423-439

Favero L, Sacca S, Cenretti C, Pasquetto G, **Nikas D**, Reimers B. "Superselective embolization of renal haemorrhage occurring after percutaneous coronary intervention". *Cardiovasc Revasc Med* 2009;10:62-65

Kountouris E, Potsis T, **Nikas D**, Siogas K. "A severe coarctation of aorta in a 72-year-old female: case report". *Cases J* 2009;2:6308

**Nikas D**, Chany Abdel M, Stabile E, Sorropago G, Sacca S, Favero L, Zakaryan N, Reimers B, Rubino P. "Carotid artery stenting using proximal cerebral for patients with angiographic appearance of string sign". *J Am Coll Cardiol (JACC) Interv* 2010;3:298-304

Nicosia A, **Nikas D**, Castriota F, Reimers B. Diagnosis and Management of periprocedural complications of Carotid stenting. *J Ital Cardiol* 2009; 10: 718-724

Nicosia A, **Nikas D**, Castriota F, Biamino G, Cao P, Cremonesi A, Mathias K, Moussa I, Hopkins N, Setacci C, Sievert H, Reimers B. "Classification for Carotid Stenting Complications: Manifestation, Management, and Prevention." *J Endovasc Ther* 2010;17:275-294

Favero L, Penzo C, **Nikas D**, Pacchioni A, Pasquetto G, Sacca S, Reimers B. "Cardiac and extracardiac complications during CTO interventions: prevention and management". *Interventional Cardiology* 2010;2:355-367

Pacchioni A, **Nikas D**, Penzo C, Sacca S, Favero L, Pasquetto G, Reimers B. "Management and Prevention of Vascular Complications related to Transcatheter Aortic Valve Implantation and Aortic Aneurysm Repair Procedures". *Interventional Cardiology* 2010;5:81-85

Reimers B, **Nikas D**, Stabile E, Favero L, Sacca S, Cremonesi A, Rubino P. "Preliminary Experience with Optical Coherence Tomography (OCT) Imaging to evaluate carotid artery stents: Safety, Feasibility and Technique". *Eurointervention* 2011;7:81-85.

Sacca S, Pachioni A, **Nikas D**. "Coil embolization of distal left main aneurysm: A new approach to coronary artery aneurysm treatment". *Cathet Cardiovasc Interv* 2011;Epub ahead of print

**Nikas D**, Kompara G, Reimers B. "Carotid stents: which is the best option?". *JCardiovasc Surg* 2011;52:779-793.

Nicosia A, **Nikas D**, Reimers B. "Slow-flow during carotid artery stenting: differential diagnosis and management of related complications." *Cardiology International* 2011; 2:12-18

Bersin RM, Stabile E, Ansel GM, Clair DG, Cremonesi A, Nelson Hopkins L, **Nikas D**, Reimers B, Sievert H, Rubino P. "A meta-analysis of proximal occlusion device outcomes in carotid artery stenting". *Catheter Cardiovasc Interv* 2012. Epub ahead of print

**Nikas D**, Reith W, Schmidt A, Duda S, Mathias K, Cremonesi A, Dill H, Formgren J, Pieniazek P, Musialek P, Hornung M, Sievert H, Reimers B. "Prospective, multicenter European study of the GORE Flow Reversal System for Providing Neuroprotection during Carotid Artery Stenting". *Catheter Cardiovasc Interv* 2012. In press.

#### SHORT PUBLICATIONS - ABSTRACTS

LK Michalis, N Kazakos, CS Katsouras, D. Koulouras, D. Stefanou, D. Nikas, A. Gelias, A. Seferiadis, D. Niokou, M. Marselos, DA Sideris. "Intrapericardial vs. Intravenous Digitalis and Procainamide Administration: Is there any difference in electrophysiology indices?" *The Journal of Invasive Cardiology* 2000; Scientific Abstracts 12(5): 252

Michalis LK, Nikas D, Katsouras CS, Karahaliou A, Kolios G, Sourla E, Niolou D, Seferiadis D, Galaris D, Sideris D. «Combination of antioxidants and iron chelators during ischemia reduces reperfusion injury. An in vivo experimental study" *European Journal of Heart Failure*, Jun 2000.

Goudevenos J, Papanthasiou A, Michalis L, Nikas D, Tsakas P, Sideris D. "Trends in the use of cardiac invasive procedures". 3rd International Congress on Coronary Artery Disease. From Prevention to Intervention, Lyon, France, Oct 2-5, 2000

Nikas D, Michalis LK. "Multivessel Percutaneous Coronary intervention: ARTS, RESEARCH & ARTS II studies. International Cardiology symposium proceedings. " Cardiology Update 2004, Oct 2004

Reimers B, Nikas D, Castriota F, Cremonesi A, Colombo A, Schofer J, Schluter M. "Short-term outcome of CAS patients treated with different types of stents". 6th International Course on Carotid Angioplasty (ICCA) and Other Cerebrovascular Interventions 2006, Nov 23 - 25, 2006 Frankfurt, Germany

Nikas D, Reimers B, Castriota F, Cremonesi A, Colombo A, Schofer J, Schluter M. "Closed- or open - cell stents in Carotid Artery Stenting ? Short-term outcome of patients undergoing carotid stenting according to the stent type". Am J Cardiol 2007; 100 (Suppl 8): p50L

Cernetti, D, Rampazzo, D.N. Nikas, L. Favero, M. Abdel Channy, G. Pasquetto, S. Sacca, B. Reimers. "Ultrasound parameters are different in patients receiving differently designed stents. Long-term ultrasound follow-up in patients undergoing carotid stenting". European Heart Journal 2008;29:869

Nikas D, Reimers B, Iakovou I, Sangiorgi G, Corvaja N, Schlueter M, Schofer J, Colombo A. "Short - term outcome of octogenarian patients treated with carotid artery stenting according to the stent design: results of a Multicenter registry". Cardiovascular Revascularization Medicine 2008;9:196

Nikas D, Rampazzo D, Cernetti C, Favero L, Abdel Chany M, Pasquetto G, Sacca S, Reimers B. " Long-term ultrasound follow-up of patients undergoing carotid stenting: differences in ultrasound parameters between closed- and open-designed stents". Cardiovascular Revascularization Medicine 2008;9:104

Nikas D, Reimers B, Iakovou I, Sangiorgi G, Corvaja N, Schlueter M, Schofer J, Colombo A. "Comparison of the outcome of octogenarian patients according to the stent type. Data from a multicenter registry". The Journal of Cardiovascular Surgery ;49:51

Franke J, Reimers B, Nikas D, Bode A, Hornung M, Wunderlich N, Sievert H. „Complication of Carotid stenting during live transmissions“ Am J Cardiol 2008;102(8):101i

Nikas D, Kasselouri L, Kalinteri A, Mpechlioulis A, Pappa E, Kountouris E, Siogas K. "Effectiveness of new Microbial Sealant in Reducing Bacteremia, Puncture site and sheath contamination after percutaneous interventions". Cardiovascular Revascularization Therapy 2010, suppl: to be published



Nikas D, Kasselouri L, Kalinteri A, Mpechlioulis A, Pappa E, Kountouris E, Siogas K. "Effectiveness of new microbial sealant in reducing bacteremia along with puncture site and sheath contamination after percutaneous interventions". *Eurointervention* 2010;6:suppl H90

Kotsia A, Nikas D, Papamichail N, Naka A, Katsouras C, Michalis L. "Assessment of myocardial viability using pressure derived coronary flow reserve in a porcine model of recent myocardial infarction". *European Heart Journal* 2010;31:suppl 47.

Andrea Pacchioni, Antonio Mugnolo, Carlo Penzo, Dimitrios Nikas, Salvatore Saccà, Luca Favero, Bernhard Reimers, Francesco Versaci. "Risk of Brain Injury related to silent cerebral embolization during diagnostic coronary angiography: direct comparison between right radial and left radial approach". *J Am Coll Cardiol* 2012;59: Suppl 13S

*BOOK CHAPTERS - INTERNATIONAL*

Nikas D, Reimers B. "Protection devices: a must or an option?" Chapter in the book "Carotid Atherosclerotic Disease: Pathologic basis for treatment" Editor: Antonio Colombo Publisher: Taylor & Francis Group, London 2006

Reimers B, Nikas D. "Renal stenting". Chapter in the book: "Problem Oriented Approaches in Interventional Publisher: Egerton + Techset, Salisbury & London, UK 2006

D Nikas, S Sacca, C Cernetti, L Favero, G Pasquetto, M Abdel Chany, B Reimers. "CAS in the setting of acute stroke" Editors: C Setacci, D Gasparini, B Reimers, G Biamino, A Cremonesi, P Rossi. Publisher: Minerva Medica, Torino, Italy (2008)

D Nikas, S Sacca, C Cernetti, L Favero, G Pasquetto, M Abdel Chany, B Reimers. "Overview of Carotid Artery Stenting techniques". Chapter in the book: "Carotid Revascularization". Editors: C Setacci, D Gasparini, B Reimers, G Biamino, A Cremonesi, P Rossi. Publisher: Minerva Medica, Torino, Italy (2008)

A Nicosia, D Nikas, F Castriota, P Cao, G Biamino, C Setacci, B Reimers. "Manifestation, management and prevention of peri-procedural complications of carotid artery stenting". Chapter in the book: "Carotid revascularization". Editors: C Setacci, D Gasparini, B Reimers, G Biamino, A Cremonesi, P Rossi. Publisher: Minerva Medica, Torino, Italy (2008)

D. Nikas, L. Favero, S. Sacca, G. Pasquetto, B. Reimers. Chapter "In-Stent Restenosis after Carotid Stenting: Incidence and Management", in the Book "The Carotid and Supra-Aortic Trunks: Diagnosis, Angioplasty and Stenting". Editors: M. Henry, Publisher: Wiley-Blackwell, Oxford, UK, Aug 2011.

*ABSTRACTS - INTERNATIONAL CONGRESSES*

LK Michalis, Kazakos N, CS Katsouras, D. Koulouras, D. Stefanou, D. Nikas, A. Gelias, A. Seferiadis, D. Niokou, M. Marselos, DA Sideris. "Intrapericardial vs. Intravenous Digitalis and

Procainamide Administration: Is there any difference in electrophysiology indices? An in vivo experimental study". Interversional Cardiovascular Therapeutics Athens 2000

J. A. Goudevenos, A. Papathanasiou, L.K. Michalis, D. Nikas, P. Tsakas, D. Sideris. "Trends in the use of cardiac invasive procedures" 3rd International Congress on Coronary Artery Disease. From prevention to intervention". Lyon, France, October 2-5 2000

C. Pappas, M Papafaklis, CS Katsouras, D Nikas, P Tsekeris, J Kalef-Ezra, LK Michalis. "Stenting versus stenting with adjunctive beta vascular brachytherapy in patients with de novo long lesions". European Society of Cardiology (ESC) Congress, Stockholm, Sweden September 3-7, 2005

Reimers B, Nikas D, Castriota F, Cremonesi A, Colombo A, Schofer J, Schluter M. "Short-term outcome of CAS patients treated with different types of stents". ICCA 2006 – 6th International Course on Carotid Angioplasty and Other Cerebrovascular Interventions, Nov 23- Nov 25, 2006 Frankfurt, Germany

Nikas D, Reimers B, Castriota F, Cremonesi A, Colombo A, Schofer J, Schluter M. "Closed or open cell stents in Carotid Artery Stenting ? Short-term outcome of patients undergoing carotid stenting according to the stent type", TCT 2007 – Transcatheter Cardiovascular Interventions 2007. Oct 20-25, 2007, Washington D.C., U.S

Nikas D, Reimers B, Iakovou I, Sangiorgi G, Corvaja N, Schlueter M, Schofer J, Colombo A. "Long-term Ultrasound Follow-up in Patients Undergoing Carotid Stenting. Differences in Ultrasound Parameters Between Closed-cell vs. Open-cell Designed Stents". Cardiovascular Revascularization Therapies (CRT) 2008, Washington D.C., Feb 11-13, 2008

Cernetti, D. Rampazzo, D.N. Nikas, L. Favero, M. Abdel Channy, G. Pasquetto, S. Sacca, B. Reimers. "Ultrasound parameters are different in patients receiving differently designed stents. Long-term ultrasound follow-up in patients undergoing carotid stenting". ESC Congress 2008, Munich, Germany, 30 Aug - 3 Sep, 2008

Nikas D, Rampazzo D, Cernetti C, Favero L, Abdel Chany M, Pasquetto G, Sacca S, Reimers B. "Long-term ultrasound follow-up in patients undergoing carotid stenting: differences in ultrasound parameters between closed- cells and open-cell designed stents". Cardiovascular Revascularization Therapies (CRT) 2008, Washington D.C., Feb 11-13, 2008

R Hastings, V Dzavik, D Nikas, L Michalis, F Schiele, S Forman, G Lamas, J Hochman. "Renal Insufficiency in Patients with a Total Occlusion of a Coronary Artery after Myocardial Infarction". American College of Cardiology (ACC), 59th Annual Scientific Session, Atlanta, Georgia, US. March 13-16, 2010

D Nikas, L Kasselouri, A Kallinteri, A Mpechlioulis, E Pappa, E Kountouris, K Siogas. "Effectiveness of new Microbial Sealant in Reducing Bacteremia, Puncture site and Sheath contamination after Percutaneous Interventions. A Single Center Randomized study". Cardiovascular Revascularization Therapies (CRT) 2010, Washington D.C. US. February 21-23, 2010.

D. Nikas, L Kasselouri, A Kallinteri, A Mpechlioulis, E Pappa, E Kountouris, K Siogas. "Effectiveness of new Microbial Sealant in Reducing Bacteremia, site puncture and sheath contamination as well as bacteremia after Percutaneous Interventions." Multidisciplinary European Endovascular Therapy (MEET) 2010, Marseilles, France, Jun 17-19, 2010

D. Nikas, L Kasselouri, A Kallinteri, A Mpechlioulis, E Pappa, E Kountouris, K Siogas. "Effectiveness of new Microbial Sealant in Reducing Bacteremia after Percutaneous Interventions." The Paris Course on Revascularization, EuroPCR, EuroPCR 2010, Paris, France, May 25-28, 2010

B. Reimers, D. Nikas, A. Pacchioni, L. Favero, E. Stabile, S. Sacca, P. Rubino. "Preliminary experience with OCT in imaging to evaluate carotid artery stents: Safety, Feasibility and Technique". Joint Interventional Meeting (JIM) 2011, Rome, Feb 10-12, 2011

Kotsia A, Nikas D, Papamichail N, Naka A, Katsouras C, Michalis L. "Assessment of myocardial viability using pressure derived coronary flow reserve in a porcine model of recent myocardial infarction". ESC congress 2010, Stockholm, Sweden, 28 Aug - 1 Sep, 2010

D. Nikas. "An unforeseen stent loss in the aorta complicated with distal coronary RV fistula". Selected for presentation for the Case Corner during EuroPCR 2011. EuroPCR 2011, Paris, May 17-20, 2011

Nikas, S. Theodorou, A. Karanasios, E. Antonopoulos, G. Papazoglou, I. Kyriakos, S. Latsoudas, K. Kefalas, A. Antonoulas. "Diastolic function is an important factor for both successful and faster pharmacological conversion to sinus rate in patients with first episode of non-valvular atrial fibrillation". 14th World Congress Arrhythmias WSA/ICPES. Athens, Dec 11-14, 2011.

Andrea Pacchioni, Antonio Mugnolo, Carlo Penzo, Dimitrios Nikas, Salvatore Saccà, Luca Favero, Bernhard Reimers, Francesco Versaci. "Risk of Brain Injury related to silent cerebral embolization during diagnostic coronary angiography: direct comparison between right radial and left radial approach". ACC 12, Chicago, US, March 24-27, 2012.

#### FACULTY - INTERNATIONAL CONGRESSES

Endovascular Therapy Internatioal (E.T.I.) 2006. March 23-26, 2006 Venice Mestre, ITALY.  
Live Case Coordinator

Core Curriculum in Chronic Total Occlusion. Mirano Hospital, 26th June 2006, Director B. Reimers. Cath Lab operator

Total Occlusion and Bifurcation Interventions (tobi) 2006. September 14 - 15, 2006. Venice, Mestre Italy. Faculty, Factoids presentation, Live cases coordinator, Live cases booklet preparation.

Interventional day: GISE Congress. Martellago, ITALY. Nov 18, 2006. Factoids presentation, Live cases coordinator, Live cases booklet preparation.

Total Occlusion and Bifurcation Interventions (tobi) 2007. September 20-21, 2007. Venice, Mestre Italy. Faculty, Factoids presentation, Live cases coordinator, Live cases booklet preparation.

Endovascular Therapeutic Interventions (eti 2008). February 28-29, 2008., Venice, Mestre, Italy. Faculty, Factoids presentation, Live-cases coordinator, Live-cases booklet preparation.

Total Occlusion and Bifurcation Interventions (tobi) 2008. September 11-12, 2008. Venice, Mestre Italy. Faculty, Factoids presentation, Live cases coordinator, Live cases booklet preparation.

Endovascular Therapeutic Interventions (eti 2008). March 18-10, 2009, Genova, Italy. Faculty, Factoids presentation.

Total Occlusion and Bifurcation Interventions (tobi) 2009. September 10-11, 2009. Venice, Mestre Italy. Faculty, Factoids presentation, Lecturer.

Endo-Vascular Challenges and Solutions (e-VACS) 2010. April 8-9, 2010, Venice, Italy. Faculty, Factoids presentation.

Total Occlusion and Bifurcation Interventions (TOBI) 2010. September 9-10, 2010, Venice, Italy. Factoids presentation, Speaker, Organizer.

Endo-Vascular Challenges and Solutions (e-VACS) 2011. April 14-15, 2011, Venice, Italy. Faculty, Factoids presentation.

Endovascular Summit 2011, EVS 2011. December 9-10, 2011, San Juan, Puerto Rico. Interesting Case Presentation.

Advanced Endovascular and Coronary Intervention Global Summit. Complex Cardiovascular Catheter Therapeutics (C<sup>3</sup>) 2011. "Challenging coronary PCI: take home messages". Speaker. Orlando, US, Jun 26-30, 2011.

Endo-Vascular Challenges and Solutions (e-VACS) 2012. Mar 22-23, 2012, Venice, Italy. Faculty, Factoids presentation, Speaker.

*SPEAKER - INTERNATIONAL CONGRESSES*

The 2nd ATHENS EXCHANGE of Cardiological Research Ideas. Athens 21-22 February 2003. Basics of research techniques. Lecture: "The lamb as a model".

JIM 2006 – Joint Interventional Meeting 2006, 16 – 18 Feb 2006, Rome, Italy. Lecture on: "Unprotected LM angioplasty in a patient with Lerich Syndrome", Selected as one of the best complicated cases for presentation and discussion.

Transcatheter Cardiovascular Therapeutics (TCT) 2006. Oct 22 -27, 2006. Washington, D.C. US. Lecture on "Customizing device Selection I: Embolic Protection" on behalf of Dr. B. Reimers, in the Carotid Stenting session.

LINC 2007 – Leipzig Interventional Course 2007., Jan 24 -27, 2007, Leipzig, Germany: Lecture on: "Carotid Access in Difficult Anatomical Situations". Presentation available at [www.leipzig-interventional-course.de](http://www.leipzig-interventional-course.de)

JIM 2007 – Joint Interventional Meeting 2007, 15 – 17 Feb 2007, Rome, Italy. Lecture on: "Filter's Particle Embolization during Carotid Stenting". Best Endovascular Complication Case selected for Analysis and Discussion during Lecture and presentation.

EuroPCR 2007 - The Paris Course on Revascularization 2007, Barcelona 22 – 25 May 2007, Lecture on: "Primary PCI or Primary surprise?" Selected as one of the best Case Complication to be presented for interactive discussion.

Transcatheter Cardiovascular Therapeutics (TCT) 2007. Oct 20 -25, 2007. Washington, D.C. US.. Lecture on “Embolic Protection Devices, Is their utility presumed or justifies. Are the devices sufficiently differentiate to justify selective use?” on behalf of Dr. B. Reimers, in the Carotid Stenting Workshop session.

Transcatheter Cardiovascular Therapeutics (TCT) 2007. Oct 20 -25, 2007. Washington, D.C. US.. Lecture on: “Closed or open cell stents in Carotid Artery Stenting? Short-term outcome of patients undergoing carotid stenting according to the stent type” Oral presentation, selected between 10 best Endovascular Abstracts.

Multidisciplinary European Endovascular Therapy (MEET) 2008. Jun 26 – 29, 2008. Cannes, France. Lecture on: “Closed- or open-cell stents in Carotid Stenting”. Available on [www.meetcongress.com](http://www.meetcongress.com)

Total occlusion and Bifurcation Intervention (TOBI) 2009. Sep 10-11, 2009. Venice/Mestre, Italy. Lecture on: “Follow-up of the Live cases patients”.

American College of Cardiology Annual Meeting/Innovation in Intervention (ACC/i2) 2010. Mar 14-16, 2010, Atlanta, Georgia, US. “Carotid stenting Case presentation: String-sign patient treated with proximal protection and OCT evaluation of the result”.

EuroPCR 2010 - The Paris Course on Revascularization, 25 -28 May 2010, Paris, France: “Effectiveness of new microbial sealant to reduce puncture site and sheath contamination as well as bacteremia after percutaneous interventions”

Multidisciplinary European Endovascular Therapy (MEET) 2010, Jun 17-19, Marseilles, France: “Effectiveness of new microbial sealant to reduce puncture site and sheath contamination as well as bacteremia after percutaneous interventions”

Endovascular Summit 2011, EVS 2011. December 9-10, 2011, San Juan, Puerto Rico. Interesting Case Presentation. Speaker - Presenter: “Fishing in the Aorta” complex complication presentation.

Advanced Endovascular and Coronary Intervention Global Summit. Complex Cardiovascular Catheter Therapeutics (C<sup>3</sup>) 2011. “Challenging coronary PCI: take home messages”. Speaker. Orlando, US, Jun 26-30, 2011.

Endo-Vascular Challenges and Solutions (e-VACS) 2012. Mar 22-23, 2012, Venice, Italy. Faculty, Factoids presentation, Speaker. “Advantages and Disadvantages of carotid artery stenting”

REVIEWER - INTERNATIONAL JOURNALS

REGULAR Reviewer for the *Heart Journal*

REGULAR Reviewer for the *International Journal of Cardiology*

RESEARCH

*Dec 2001 – 2010*

Contributor -OAT clinical site 173  
“OAT study” (Occluded Artery Trial), Multicenter Trial sponsored by National Heart, Lung and Blood Institute (NHLBI) New York University School of Medicine, New York, US

*Sep1999 – Jun 2009*

PhD: “Reperfusion injury prevention by antioxidant combination”.

*Sep1999 – Mar 2000*

EUROASPIRE II Investigator. “Life style and risk factor management and use of drug therapies in coronary patients from 15 Countries. Euro Heart Survey Programme”

*Oct1999 – May 2000:*

“OLYMPIC study”. Investigator. (INTEGRELIN for the management of Acute Coronary Syndromes)

*Jun 2004 – 2007*

Peer – Reviewer, Co-ordinator in NOESIS project. IST - 2002 - 507960 “Platform for wide scale integration and visual representation of medical intelligence”. Funded by the European Community under the Information Society Technologies (IST) Program (2004-2006)

*Oct 2004 – 2007*

Resercher – Medical Data Evaluator in K5/AngioCARE program, funded by the “Michailideion” Cardiac Center, Medical School, University of Ioannina.

*Mar 2005 – 2007*

Member of the Regional steering committee for the “COCOON” project. IST – 2002 – 507126 – Building Knowledge Driven and Dynamically Networked Communities within European Healthcare Systems: founded by the European Community under the Information Society Technologies (IST) Program (2004 - 2006)

*Oct 2003 – 2007*

Scholarship “Michailideion” Cardiology Research Institute, University Hospital of Ioannina, Greece, Cardiology division

TEACHING

*Sep 1999 - Jun 2003*

Teaching clinical Cardiology, Physical Examination and basic ECG evaluation to the 5th and 6th year Medical School Students. University of Ioannina, Medical School, Ioannina, Greece

*Sep 2001 - Feb 2003*

Teaching Practicing Cardiology and Human Anatomy in Paramedics, nurses and Ambulance crew. National First Aid Department, Ioannina, Ministry of Health, Greece

*Sep 2010 - present*

Teaching Physiology in the University of Ioannina, School of Nurses, Ioannina, Greece

**OTHER**

*INTERESTS*

*Swimming, reading, photography*

*LANGUAGES*

English – Excellent knowledge

Certificate of Proficiency in English – University of Michigan  
First Certificate in English - University of Cambridge  
Hellenic State Certificate of Foreign Language Proficiency Level B2  
(Registration No: KB/16028) - English Language



REFERRALS

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